



Cary Institute Butterflies & Habitats

Books Related to Butterflies

Butterflies and Moths - A Guide to the More Common American Species. Golden Nature Guide. R.T., Mitchel, H.S. Zim

Butterflies through Binoculars: The East. Jeffrey Glassberg
National Audubon Society Field Guide to North American

Butterflies. Robert Michael Pyle

A Field Guide to Eastern Butterflies. Peterson Field Guide

Handbook for Butterfly Watchers. Robert Michael Pyle

Butterfly Gardening: Creating Summer Magic in Your Garden.

Xerces Society/Smithsonian Institute

Bringing Nature Home. Douglas W. Tallamy



Long Dash Skipper on cow vetch

Butterfly Organizations

North American Butterfly Association

Xerces Society

Monarch Butterfly Sanctuary Foundation

Massachusetts Butterfly Club

Connecticut Butterfly Association

Caterpillar Food (Host Plants)

Butterfly	Host Plant
Orange Sulphur	Alfalfa, clovers, deerweed
Black Swallowtail	Dill, parsley, fennel, carrot
Buckeye	plantains, gerardias, toadflax, snapdragons,
Common Checkered Skipper	Mallow, hollyhock
American Snout	Hackberry
Eastern Tiger Swallowtail	sycamore, willow
Hackberry Emperor	Hackberry
Monarch	Milkweeds
Mourning Cloak	Willow, aspen, cottonwood, elm
Painted Lady	Thistle, hollyhock, sunflower
Question Mark	Nettle, elm, hackberry, hops, false nettles
Red Admiral	Nettle, false nettle, pellitory
Red-spotted Purple	Wild cherry, oak, poplar, hawthorn, willow
Silver-spotted Skipper	Wild licorice, locust, etc.
Spicebush Swallowtailsp	Spicebush, sassafrass
Viceroy	willow, poplar, apple



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Native Nectar Plants for the Northeast U.S.

From <http://www.knottybits.com/knotweed/ButterflyPlantList.htm>

<p>Spring common cinquefoil blueberries blue flag false indigo wild geranium vetch</p> <p>wild lupine rhododendron spicebush</p> <p>Summer dogbanes common milkweed, swamp milkweed butterfly weed New Jersey tea stag-horn sumac sweet pepperbush oswego tea black-eyed Susan coreopsis purple coneflower</p> <p>Late Summer, Fall mountain mints New England aster Canada goldenrod blazing stars beggar ticks boneset Joe-pye weed ironweed physostegia, obedient plant fireweed</p>	<p><i>Potentilla simplex</i> <i>Vaccinium</i> spp. <i>Iris versicolor</i> <i>Baptisia australis</i> <i>Geranium maculatum</i> <i>Vicia</i> spp. (note that there are many non-native vetches) <i>Lupinus perennis</i> <i>Rhododendron</i> spp. <i>Lindera benzoin</i></p> <p><i>Apocynum androsaefolium</i>, <i>A. medium</i> <i>Asclepias syriaca</i>, <i>A. incarnata</i> <i>Asclepias tuberosa</i> <i>Ceanothus americanus</i> <i>Rhus typhina</i> <i>Clethra alnifolia</i> <i>Monarda fistulosa</i>, <i>M. didyma</i> <i>Rudbeckia hirta</i> <i>Coreopsis lanceolata</i> <i>Echinacea purpurea</i></p> <p><i>Pycnanthemum</i> spp. <i>Aster novae-anglae</i> <i>Solidago canadensis</i> <i>Liatris spicata</i>, <i>L. scariosa</i> <i>Bidens aristosa</i> (may be aggressive) <i>Eupatorium perfoliatum</i> <i>Eupatorium</i> sp. (may be aggressive) <i>Veronica</i> sp. <i>Physostegia virginiana</i></p>
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